

SPRING BEAUTY AND HEALTH SPECIAL!

Notebook:

MAKE THE MOST OF EVERY DAY

OUR BIG

Beauty survey

WHAT WORRIES YOU THE MOST... AND THE PRODUCTS YOU CAN'T LIVE WITHOUT

MY BODY & SOUL

Rebecca Gibney, Michelle Bridges, Brooke Satchwell & Deni Hines tell all

Age gracefully (and without fear)

What your skin & body need at every age

WILL I AGE LIKE MY MOTHER?

Our expert studies four real-life families

Home of hints and how-tos

NEW-SEASON COOKING

Delicious dishes with asparagus & artichokes

PLUS Cutest-ever cupcakes

September Calendar



Kate Ceberano shares her favourite songs

Your Life



Fun & laughter with Gratel and her mum

Fashion & Beauty



Effortless looks for everyday style

Home Life



Banish winter with bright spring colour

Fabulous Food



Stir-fries to make your tastebuds sing

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WINDOW SHOPPING

www.deshabille.com.au

Pronounced 'dez-ha-be-ay' this gorgeous loungewear label's name means 'to be partially or casually dressed' in French, and the garments reflect this to a tee. Soft enough for sleeping, but too divine to just confine to bed.

WIN

An indulgent girls' getaway!

To celebrate spring, Notebook: is giving away an ultimate style experience for two on Queensland's Gold Coast. Feel like a celebrity as you and a friend browse the waterfront stores at the beautifully renovated Marina Mirage with a \$500 voucher to spend; be pampered to perfection at the Golden Door Spa and Health Club; and sleep in style at the Palazzo Versace. Bliss! Visit www.notebookmagazine.com/competitions to enter.

From top: Diva 'Eye of the tiger' bangles, \$17.95 (set of three); Trent Nathan mosaic bangle, \$39.95; Samantha Wills 'Bright lights' bangles, \$120 (set of four); Diva gold floral bangle, \$9.99 and blue bangle, \$12.99.

This month Chunky bangles.

For day, evening, and in between, chunky bangles are a quick way to accentuate the bohemian feel of springtime.



5 minutes with... Samantha Wills

Australian jewellery designer Samantha Wills creates beautiful and affordable pieces for modern women.

I wish I hadn't worn... a purple organza frock to a

boyfriend's Year-12 formal! Teamed with matching purple nail polish, make-up, and flower in my hair. There is nothing cool about that, even if it was the '90s.

I wish I had kept... my mum's wedding dress. It got lost in a house move and was so simple and understated, I really wish I had it in my wardrobe today.

The best fashion advice you have been given? If you don't feel comfortable in it, don't wear it. It's obvious when you aren't comfortable; that's when the outfit wears you, instead of you wearing the outfit.

Your lust item at the moment?

I need to buy a pair of horse-riding/

Burberry-inspired boots. I love the look of these boots teamed with a vintage rock band T-shirt and cute cropped tailored jacket and skinny jeans.

Where do you shop?

- Splice Boutique in Sydney's Freshwater has an exquisite selection of Australian designers, plus it also carries its own beautiful leather label. It is definitely worth a look.
- I am a huge fan of supporting Australian fashion and www.stylepalace.com.au offers a great selection and the convenience of not having to leave your desk.

- For all your favourite designers under one roof, you can't go past David Jones for both local and international brands. It offers the cream of department store shopping experiences and after a long day of shopping, I escape to its gourmet food court for a cappuccino and choc-dipped strawberry.

Your fashion pet hate... Wearing a trend when it doesn't suit your body. Don't be a slave to fashion – choose clothes that complement your body and personal style.

To win a gorgeous Samantha Wills earrings and cuff set, worth \$270, visit www.notebookmagazine.com.

